

# CYPREMORT POINT PADDLING TRAILS

## CYPREMORT POINT PADDLING TRAIL #1

### NEARBY CITIES

Cypremort Point, Jeanerette, Charenton, Baldwin, Franklin

### MILEAGE

Burns Point to Cypremort Point:  
 • 36.6 miles (following the shoreline)  
 • 25.3 miles (paddling across the bay)

### TYPE OF TRAIL

Linear route: shuttle service may be necessary

### SKILL LEVEL

Experienced

### DIFFICULTY

Hard

### APPROXIMATE PADDLING TIME

Approximately 12 to 14 hours

### USUAL CURRENT

Subject to coastal tides

### NOTES & PRECAUTIONS

Saltwater trail with lots of open water! Self rescue is a must! High winds can cause choppiness in the water. Watch for high-speed boat traffic and sudden storms. May through September can be very hot! Bring sunscreen, plenty of water and bug spray.

### ACCESS

- 1. Cypremort Point State Park (Quintana Boat Launch)** – From Hwy. 90, take the Baldwin/Louisa exit to Hwy. 83. Head west on Hwy. 83. Cypremort Point State Park is 20 miles from the exit. From Hwy. 83 take a right onto Hwy. 319. Cross over the bridge. Cypremort Point State Park will be on your right. There will be a launch fee.
- 2. Burns Point** – From Hwy. 90, take the Centerville/Burns Point exit onto Hwy. 317. Head towards Burns Point. Travel 17 miles south on Hwy. 317, then right on Burns Point Lane. There is a small fee to enter the park. There are restrooms/shower facilities, picnic pavilions and RV/tent sites. The campground is on East Cote Blanche Bay.

## CYPREMORT POINT PADDLING TRAIL #2

### NEARBY CITIES

Cypremort Point, Jeanerette, Charenton, Baldwin, Franklin

### MILEAGE

Baldwin Boat Launch to Burns Point Boat Launch – 26.2 miles  
 Baldwin Boat Launch to Cypremort Point State Park – 27.4 miles

### TYPE OF TRAIL

Linear route: shuttle service may be necessary

### SKILL LEVEL

Experienced

### DIFFICULTY

Hard

### APPROXIMATE PADDLING TIME

Approximately 12 to 14 hours

### USUAL CURRENT

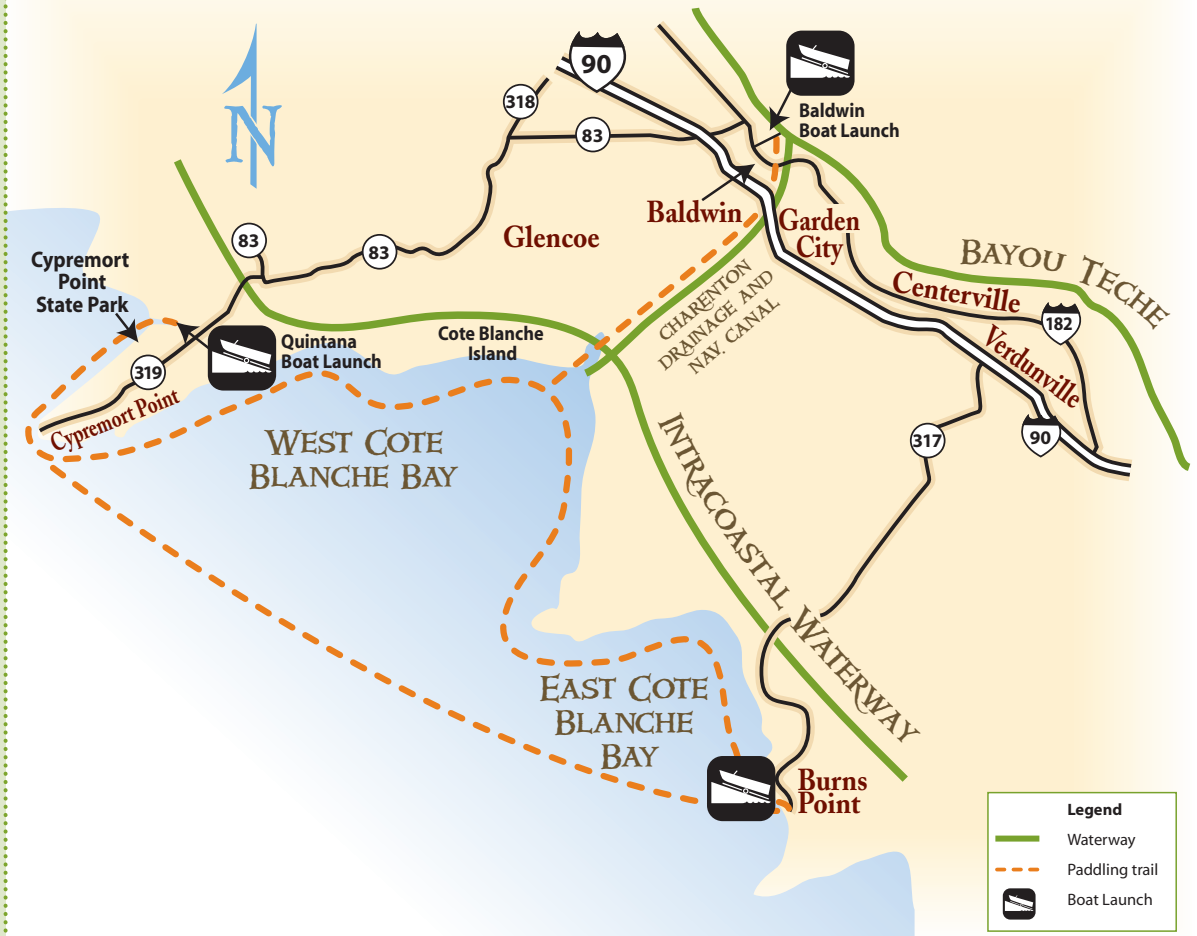
0.5 – 3 miles per hour between the bay and Bayou Teche.

### NOTES & PRECAUTIONS

Saltwater trail with lots of open water. Self rescue is a must! Use caution crossing the Intracoastal Canal due to barge traffic: wind direction may deflect the sound of oncoming barges. High winds can cause choppiness. Watch for high-speed boat traffic and sudden storms. May through September can be very hot! Bring sunscreen, plenty of water and bug spray.

### ACCESS

- 1. Baldwin Boat Launch** – From Hwy. 90, take the Baldwin exit (exit 83). Turn left at the stop sign. Turn right onto Hwy. 182. From the light at this intersection, travel 0.3 miles on Hwy. 182. Turn left at the United Methodist Church Cemetery next to the Sager-Brown Facility (the road is unmarked).
- 2. Cypremort Point State Park (Quintana Boat Launch)** – From Hwy. 90, take the Baldwin/Louisa exit to Hwy. 83. Head west on Hwy. 83. Cypremort Point State Park is 20 miles from the exit. From Hwy. 83 turn right onto Hwy. 319. Cross the bridge. There will be a launch fee.



## ADDITIONAL INFORMATION

Cypremort Point Paddling Trail #1 is located in Vermilion Bay and Cote Blanche Bay. Paddlers can put in and take out at Cypremort Point State Park and at Burns Point. Cypremort Point has sandy beaches, open ocean, schools of fish, sailboats, pelicans, oil platforms and beautiful sunsets. Novice paddlers can put in here to fish in secluded bayous, or experienced paddlers can cross the bay to Burns Point.

At Burns Point, cypress and oak trees shade the quiet waters of East Cote Blanche Bay. Pelicans wheel and swoop over oil platforms and shrimp boats. Novice paddlers can fish around the park or cross the bay to Cypremort Point State Park. Cypremort Point Paddling Trail #2 begins at the Baldwin Boat Launch on Bayou Teche,

turns onto the Charenton Drainage and Navigation Canal and continues into the open waters of West Cote Blanche Bay. The trail ends at the landing in Cypremort Point State Park or Burns Point Boat Launch.

The coast is low lying marsh except at Cote Blanche Island. Cote Blanche Island is one of the highest points of land along this coast, and it is also the location of one of Louisiana's coastal salt mines. This area offers an abundance of fishing opportunities and myriad shore birds to view while paddling.

Six cabins are available to rent at Cypremort Point State Park: reservations are recommended. Burns Point and Cypremort Point State Park have campsites.